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INDIVIDUALISED REPORT

Autonomic Response Testing (ART) is not meant to diagnose in the medical sense. For medical diagnosis, please see your healthcare provider. Instead, what is indicated, are areas of your body that we can detect as being out of balance and what is needed to bring your system back to balance. There is no test for infections, toxins, food intolerances etc., that is 100% accurate. In my experience, ART is generally very accurate in its findings, but has its limitations, as with anything. I recommend using laboratory tests in conjunction with ART to gain as comprehensive and accurate a picture as possible.

Please also consult the Patient Information Handbook that came as a separate attachment with your personalized report. There is information on how to interpret the results and recommendations below, where to source the items recommended for you, healthy eating tips, dental advice, frequently asked questions and more.

Dear John, as suspected, you've done a GREAT job on heavy metals and now what seems to be affecting you the most is chronic underlying infections. You have evidence of the following bugs:

Erlichia (a lyme co-infection) in the brain area

Parasites – lungworm (can cause chronic fatigue) and liver fluke (massively impairs detox and hormonal regulation)

Fungal overgrowth in gut and probably the most important one...

RETROVIRUSES – EVERYWHERE!

I would recommend watching the following:

Retroviruses:

<http://www.betterhealthguy.com/episode78>

Here is a talk on youtube by Dr. Klinghardt on Retroviruses and chronic illness. Retroviruses are one of the biggest insults to immunity and, while active, make it virtually impossible to rid oneself of chronic infections like viruses, tick borne infections and co-infections, parasites etc. There are many kinds of retroviruses. Some of them are already in our DNA (Human Endogenous Retroviruses or HERVs) and become activated, usually by other toxins (from mould exposures, electromagnetic radiation etc) and others are in the environment and we are exposed to them through things like vaccines etc.

They can be activated within our own DNA by things like toxins and Electro-magnetic exposure, but they also can come into the body via vaccines and other means. Either which way, we need to silence them so the immune system can come back to function. Sometimes when you manage to silence the retroviruses, you end up with a whooping cold or flu, because the immune system can now express an acute infection. Or some

latent viruses become active as the immune system recognizes them and starts to attack them. These can include herpes, Epstein barr virus and others that may have been lying dormant. Fatigue that does not respond to any treatment like adrenal support, etc is usually a consequence of retroviruses. We use the nutrients that support mitochondria (like Acetyl L carnitine, Magnesium Threonate, Pantethine) to silence retroviral dna, to stop them replicating. Retroviruses cause a shift in ATP production and therefore also affect energy production.

1. In terms of treatment, you need Zeolite as a toxin binder. This must be powdered zeolite that is big enough particle size to stay in the gut, like Toxaprevent or Lava Vitae. The liquid ones will not work as toxin binder for endotoxins made by bugs in you.
2. You need Calendula as a lymphatic drainage support and Burdock root as a liver, blood and bowel cleanser.
3. You need CBD as an anti-inflammatory and Cistus tea as a biofilm buster. The benefit of these is that they both have anti-retroviral properties and will help you establish a healthy immunity once more. The addition of Acetyl L carnitine and Pantethine will also tackle the retroviruses and support mitochondrial function.
4. You want Amebex homeopathic and Mimosa pudica and Myrrh for your parasites.
5. And Megasporebiotic and Neem for the fungal overgrowth in gut.
6. Then finally Liposomal Klinghardt cocktail (LKC) for your Erlichia.

You can do these in order as listed above – but start from 1, downwards.

I suggest getting on everything and when on everything for about a month, let's test you WHILE still on them, to see that your body is coping well and that you don't need additional support.

You've done a great job on getting rid of the metals and going forward, killing the bugs will be much easier as a consequence of such good detox.

I am available for phone consults if you need any guidance or support – just book in 15min increments as needed.

Thanks John and I look forward to monitoring your progress.

ART RESULTS

See Section 1 of the Patient Information Handbook on how to interpret the following results. Everything that was tested is listed below and the areas that were out of balance specifically for you are highlighted. The protocol recommended for you addresses all of the imbalances found.

Organ Scan

Frontal cortex, crown, brain stem, sinuses, teeth, lymph glands in neck, thyroid, thymus, lungs, heart, stomach, liver, gallbladder, small intestines, large intestines/colon, kidneys/adrenals, bladder, ovaries, extracellular space, intracellular space

Infectious Resonances

Fungi/candida, parasites, bacteria, viruses, Retroviruses, Borna virus, Bartonella, Babesia, Mycoplasma pneumonia, Chlamydia Pneumonia, Rickettsia, Ehrlichia, Borrelia burgdoferi

Food Intolerances

Carbohydrates

Grains: Gluten, Wheat, Spelt, Rye, Barley, Oats, Gluten free Oats, Corn, Buckwheat, Red Quinoa, White Quinoa, Millet, Brown rice, White Rice

Sugars: White Sugar, Raw organic cane sugar, Coconut sugar, Raw organic Honey, Maple syrup, Rice malt syrup, Erythritol, Xylitol, Stevia

Alcohols: Beer, Stout, Cider, Wine, Organic wine, Gin, Rum, Vodka, Whiskey

Vegetables: Cabbage, Broccoli, Brussels Sprouts, Cauliflower, Turnip, Carrot, Onions, Garlic, Green beans, Peas, Potatoes, Capsicum/peppers, Tomatoes, Eggplant, Chili, Beetroot, Mushrooms

Fruit: Apple, pear, oranges, grapefruit, kiwi, rhubarb, pineapple, plum, peach, melon, cherry, raspberry, strawberry, banana, lemon

Proteins

Meat: Pig meat, chicken, organic chicken, turkey, beef, lamb

Fish: Tuna, prawns, crab, mussels, whiting, plaice, cod, trout, salmon, haddock

Dairy: Cow's milk, cow's cheese, cow's yoghurt, Cow's butter, Ghee, Goat's Milk, Goat's yoghurt, Goat's cheese, Goat's Butter

Organic eggs, mung beans, aduki beans, lentils

Nuts: Cashews, Hazelnuts, Almonds, Walnuts, Pecans, Macadamia, Brazils, Peanuts

Oils

Oils: Sunflower oil, canola oil/rapeseed, grapeseed oil, olive oil, coconut oil, MCT oil, Avocado oil, Macadamia oil

Other

Caffeine, Coffee, Bulletproof coffee, tea, green tea, organic decaf coffee

Cocoa (roasted), cacao (raw), cinnamon, turmeric, peppercorns, sea salt, baker's yeast, soya products (soy lecithin, miso, tempeh) vinegar (regular, malt), balsamic vinegar, apple cider vinegar

TREATMENT PROTOCOL

The table sent separately shows the specific amount of a supplement recommended for you. Please also study the Frequently Asked Questions in Section 3 before you commence your protocol. This section has answers to many questions that are likely to arise for you while on the protocol.

Australia Commonwealth Bank

BSB 063157

Account Number 10700796

I can order the Myrrh as a tincture to save money John, and a bottle of Calendula (500mls) and Burdock root tincture.

Each 500mls = 80

Therefore 80 x 3 plus about 15 postage

These are Aussie dollar prices.

Let me know if you want them and to which address to send.

I can order when you make payment to the Aussie account above.

To save you 10% on Biopure I could also order these, but payment to my Irish bank account would be necessary as I make payment out of that account and it's 35 euros postage whether you or I order, but I can pass on my 10% discount.

Mimosa

Neem

LKC

Cistus tea

Let me know quantities of each as postage is 35 euros to Aus and NZ!

Thanks,

Rhoda

Have a great Xmas!